



VIRTUAL CHILDCARE PARENT SUPPORT SERVICES

SPECIAL EDITION WINTER BREAK FAMILY ACTIVITIES

HELLO PARENTS,

Winter break is a wonderful time of the year when we can all join together with our families and enjoy a much needed break. It is a joyous moment at the end of a long year when everyone has the opportunity to rest up and refresh. Holidays and other gatherings have changed since the COVID-19 pandemic started. It has been stressful for everyone, adults and children alike. So it is important to keep celebrating and getting together in creative ways. In this newsletter, you will find fun activities that your whole family can engage in this winter break.

FAMILY ACTIVITIES

[Click here](#) for Bright Lights Windsor.

[Click here](#) for free skating information.

2021 FAMILY MEMORY BOOK

MATERIALS:

- Construction paper
- Scrapbook paper
- Scissors
- Three-hole punch
- Glue
- Markers
- Family photos
- Ribbon/stickers

DIRECTIONS:

- Make a scrapbook of your 2021 memories.
- Group together the photos or other mementos you would like to include around specific themes. Each grouping will become a page, or multiple pages within the scrapbook.
- For each grouping, lay out the pictures and other items on a piece of construction paper or scrapbook paper.
- Once you are happy with the layout, glue the photos and other items to the paper.
- Be sure to also decorate a "title" page that reflects upon the year 2021, and the memories that you made as a family.
- After all the pages are complete, bind them together to create an album. Using the three-hole punch, punch holes on the left-side of each page. Bind the pages together using ribbon or string.

[Click here](#) for more activities.

FAMILY GAMES TOURNAMENT

MATERIALS:

- Paper
- Pens

DIRECTIONS:

- Together with your family, plan a winter break activities tournament.
- Choose the days and activities and have a family night you will always remember.
- For example:
 - Monday - Family board games
 - Tuesday - So you think you can dance?
 - Wednesday - Family night baking or cooking
 - Thursday - So you think you can sing? etc.

- On a piece of paper, have each family member write down the games, songs, recipes, they would like to do.
- Together make a plan and write it down. For example: what games will be played in the tournament, how frequently these games will be played, etc.
- During each "Tournament night" family members will perform and will get points.
- On the last day of the tournament, the person who collects more points will be the winner.

[Click here](#) for more winter activities.

ICE CANDLES

MATERIALS:

- Small plastic tub/bucket
- Tin can or small plastic cup
- Small rocks

DIRECTIONS:

- Fill the plastic tub/bucket with cold tap water and place a tin can or a cup in the centre.
- Weigh the tin or the cup down with small rocks, but not to sink it.
- Place the plastic tub or the bucket outside on the porch or in the freezer until the water is frozen solid.
- Carefully remove the block of ice from the bucket.
- Then remove the tin can or the cup from the centre of the block. If the tin can or cup seems locked in the ice you can fill it with warm water to make removal easier.
- Place a small candle at the bottom of the well where the cup used to be and see how your backyard turns into a winter's evening wonderland.

[Click here](#) for more fun activities.

